Person-Centered Thinking and Planning: Dynamic Process with Individual as Focal Point

Dr. Lakshmi Mahadevan: Person-centered thinking and planning sees each individual as the focal point on which customized opportunities for employment, education, recreation, and social activities are created.

Jeff Garrison-Tate: And so this is a fluid, ever-moving process of listening to what people want, discovering what that is, developing an action plan. And that action plan is really what the person-centered plan is. It’s a piece of all these things; it’s not the whole. And then you’ll learn from what action is taken, and then you start over again.

Dr. Lakshmi Mahadevan: All supports that are sought reflect each person’s strengths, needs, interests, and desires. This ultimately leads to greater inclusion as valued members of their local community and society at large.